

Jaishree
jaishreeyoga.com

How to turn your triggers into portals for growth in 3 easy steps

Get my Secrets to Shift Your Psychic
Landscape, Make Powerful Decisions,
and Embody Divine Flow in Your Life!

For Humans, Teachers, Lovers, Parents, Hustlers & Entrepreneurs



Let's commit to one truth before we dive in....

Spirituality is not about some hot looking yogi floating on a cloud above the rest of us. You do not have to be perfect to be spiritual. **'Being Woke' is not about never being triggered.** We build our spirituality in the triggers. Triggers are the invitation to grow and answer the call of the Universe. Triggers are the landmarks on the map of our soul.

So What Exactly is Soul Mapping?

Soul Mapping is your personalized game plan for practical 'everyday' spirituality.

Showing up in what is. **Remembering your innate bliss and radiant abundance.** Using your god-given talents to serve humankind and the planet. Awaken your creative power with a rockstar solid platform to reframe any crisis as a breakthrough.

Soul Mapping is a matrix built on ancient wisdom with universal language that's repeatable, relatable and reliable.

You're already on a spiritual journey. You've got your crystals and your incense. Your chakras are on fleek. And your sacred space is off the chart. **Might as well reap the benefits for all that spiritual effort.**

What I've noticed ...

Clients experience real results because Soul Mapping is practical and instant. There's no waiting, no blocks, no second guessing. When you're connected to your guides and using your Soul Map, there is no "waiting for the right time". Shift happens when our clients start to recognize and experience divine timing and flow, everyday. Every moment is a potential win-win when you act from your Soul.



“... nothing short of life changing!”

“Working with Jaishree and the whole soul mapping process has been nothing short of life changing! The tools I have gained in transforming both my own life and my relationship with my life partner have been miraculous.”

~ Stacy Fortunato, Energy Healer



“... I always find my most authentic self when working with Jaishree and Kala.”

“I’ve gained a greater sense of independence and self awareness which has allowed me to feel more free. I am using aspects of my daily ritual in a way that flows so organically with my natural rhythms. I highly recommend Soul Mapping to others and intend to continue doing so.”

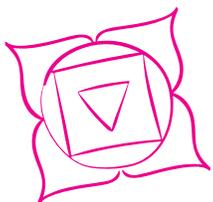
~ George Halvorson, Yoga Teacher & Dad



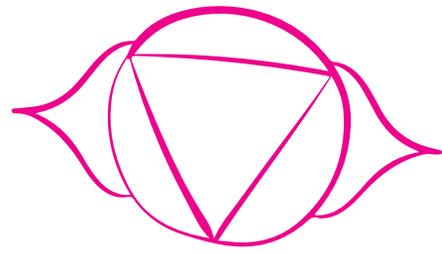
“... the course to more of what brings you joy, connection, self care and love.”

“Jaishree and Kala use their personally crafted Soul Mapping Matrix, rooted in ancient truths, to mirror your unique imperfect perfection and coach you to forge your path to your best self.”

~ Amy Swisher - CFO and Mom



Ready to discover your personal Soul Map and instantly start turning your triggers into stepping (gem)stones for your personal growth? So you can **embody your spiritual practice and walk this world in radiant abundance.**



Ok, here it goes...

Step 1 - AWARENESS: *“Never waste a good trigger.”*

Your comfort zone is fake news. Triggers are awesome. We just have to learn how to love them. Whatever level the trigger, it is an invitation from the Universe to uplevel in that moment. To be bigger, live bolder and feel more deeply. The first step is to simply be in your body and say hello. Allow yourself to see, hear, feel and connect with your experience. Drop the judgement. Embracing discomfort is the catalyst to stepping into power.

Step 2 - CORE DESIRE: *Pivot to Positivity!*

The only way to move through a trigger and get a positive outcome is to be positive! After you've said hello and allowed yourself to name discomfort, you need to fill that empty space inside of you with a core desire. Something juicy, like adventure. Love. Beauty. You can use a memory, an affirmation, or movement - whatever lights you up. This is how you flip the script on your monkey-ass mind and pivot to positivity in the moment of a trigger.

Step 3 - CHOICE: *Turn your triggers into portals*

Soul Mapping is about making choices that are in alignment with our soul's true purpose and destiny. When we say hello and pivot to positivity in the midst of a trigger, we create massive energy within ourselves. Making a choice from that space sends all that positive energy roaring out into the Universe like a rocket. This is the ultimate secret for how our clients turn triggers into portals. Instant spiritual growth and bliss.

MY NAME IS

JAISHREE

AUTHOR • ASCENSION COACH • MOM
CREATOR of THE SOUL MAPPING MATRIX™



My job is to channel vision, organize the unseen, and communicate sacred sovereignty for each client in the language of their unique soul. Together with my twin-flame (bestie, husband, business CEO, and babydaddy) Kalā, I co-created the **Soul Mapping Matrix™**.

Together we mentor power couples who want to change the world.

How do I help position people in their sacred sovereignty and bliss?

I lovingly guide you to create, master and apply your personal Soul Map - your owner's manual to being the true you. Soul Mapping celebrates the glory of who you are and supports you to find your way back to your empowered voice. **From triggered to bliss.**

Want that? We've designed a 2-week Soul Mapping course to create total bliss transformation in your life. Commit to Bliss and sign up for the **SOUL MAPPING MATRIX™** program today, or book your call below and let's chat!

Jaishree



BOOK YOUR CALL!